

Jongvolwassenengroep

self-help group for young adults

The Young adult group is a group for people between the ages of 18 and 30. The group is mixed, which means that there are men, women and young adults with another gender identity. It does not matter whether you have already transitioned or have started this process. The group members should feel free and secure, so that they dare to talk about anything. During each meeting, everyone can share their experiences. The group members get stimulated to actively join the conversation. By sharing experiences, you can inform, help, and support each other.

Transgender en geloof

Self-helpgroup for religious transgenders

When you learn to cope with your gender identity, you can face many questions and struggles. But when you are religious, these struggles can be even harder. Are you allowed to be who you want to be? Transgender-en-geloof organises a meeting every month in Zwolle.

TransUnited

Self-help group for transgenders with another cultural background

Trans United is a group meant for transgenders with different cultural backgrounds. This group transgenders have specific problems that often have to do with their backgrounds. The goal of this group is to provide help, enhance the visibility of this group and empowerment. Trans United comes together twice a month in Amsterdam.

Information

An important part of our job is giving information about transsexuality and being transgender, and the consequences of this in the life of people.

Transvisie gives this information when requested to transsexuals, transgenders and people who are important to them, their colleagues and classmates for example.

This information consists of general information, practical information and references to other organisations. Information via website transvisie.nl, Facebook (@TransvisieNL), printed matter and education.

Subjects include:

- What is gender dysphoria, transgender and transsexuality?
- Which organisations offer help?
- What does Transvisie do?
- What does gender dysphoria mean to the person themselves and to the people in their lives?
- Which medical procedures are available?

What else do we do?

Hospital visits: If you get operated on in a hospital in the Netherlands, maybe you would like one of our volunteers to come and visit you. With them you can discuss how your operation went, how the hospital treats you and what you can expect during your recovery.

Medical treatments and compensation: Transvisie follows the development of the medical treatments available and the compensations thereof in the Netherlands. We often discuss our findings with hospitals, government, municipalities, care insurers and other stakeholders. If we find out that something can be improved, we will discuss this.

Transvisie and the media: The visibility and familiarity of transsexuals and transgenders will result in more understanding, emancipation, and tolerance in society. Transvisie is often approached by radio, television, and magazines. We usually help them out, but under our own conditions.

Secretariat



030 410 02 03



Monday - Friday
13:00 - 17:00



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(On appointment)

Patiëntenorganisatie
TRANSVISIE

General information

transvisie.nl

Patient Support Organisation Transvisie

offers information and support to transsexuals and transgenders, parents of gender dysphoric children and relevant others, such as their families, brothers and sisters, etc. This is done by distributing information, several self-help groups and looking after the interests of the individuals and the collective of transgenders.

Their fundamental idea is that offering people (self)help and information will enable them to independently take up their place in society. It is because of a fantastic and loyal group of volunteers that Transvisie can offer all her activities. This volunteer work is based on self-help, which means that all the volunteers have experience with transsexuality or being transgender.

The activities of Transvisie

Transsexuals and transgenders in the Netherlands looking for a place to undergo their medical treatment can go to the genderteam of the VUmc hospital in Amsterdam (children and adults), the genderteam of the UMCG hospital in Groningen (adults) and some specialized psychologists. In addition to what these gender-teams and psychologists do, Transvisie offers support and guidance during the transitioning process by means of self-help groups. Transvisie also looks after the interests of individuals and the collective of transgenders by communicating with doctors, hospitals, care insurers and the government.

Group meetings

Knowing that you are not alone is important during the transitioning process. During group meetings, you can share your feelings, experiences, and knowledge. This is not only true for transsexuals and transgenders, but also for their significant others, parents, children, family, and relevant others. The diverse groups of Transvisie offer the opportunity to meet each other in a safe environment, and encourage acceptance and self-development. Transvisie organises diverse self-help groups and meetings. If you have any questions f.e. about our groups, you can call the Transvisie office.

Mannengroep

Self-help groups for female-to-male transgenders

There is a monthly meeting in Amsterdam for transmen or people who were assigned female at birth. There is also a monthly meeting in Groningen for transmen and transwomen and transgenders. You do not need to sign up for these meetings.

Vrouwengroep

Self-help groups for male-to-female transgenders

There is a monthly meeting in Amsterdam for transwomen or people who were assigned male at birth. There is also a monthly meeting in Groningen for transmen and transwomen and transgenders. You do not need to sign up for these meetings.

TransAnders

Self-help group for transgenders,

Transvisie also helps people who do not feel like male or female. TransAnders is a group for people who do not fit into the binary gender roles. TransAnders holds meetings every month. They also welcome people who still question their gender identity.

Berdache

Self-help groups for parents and children with gender dysphoria

Parents of children with gender dysphoria can get help from Berdache, our group for parents of gender dysphoric children that are less than 18 years old. Foster parents and other relatives are also welcome. Berdache organizes meetings for parents, children, youth, and family.

Parent meetings

Berdache organises meetings for parents twice a year. These meetings usually have a subject, about which the parents can share their experiences. We don't only talk about our gender dysphoric children, but also about their brothers and sisters.

Children day

Berdache also organises a meeting for gender dysphoric children twice a year. During these meetings, the children can meet each other, play together and talk about their experiences, to know that they are not alone.

Youth day

Berdache also organises a meeting for gender dysphoric youth (12 – 18 year) twice a year. During these meetings, the youth can meet each other and talk about their experiences, to know that they are not alone.

Family day

Every year, Berdache organises a family day for the family of the gender dysphoric child. Brothers and sisters, grandpa's and grandma's, uncles and aunts, but also friends are welcome.

(H)Erkenning

Self-help group for partners and close relatives

As the partner of a transsexual or transgender person, you must deal with a lot of things. You want to help your partner. But you also have a lot of questions and insecurities. Is your relationship going to change? How are you going to deal with it yourself? How are you going to help your children? Are you going to lose your child?

(H)Erkenning is the self-help group for partners and close relatives of transsexual and transgender individuals. This group organises several meetings a year. Unless stated differently, the transsexual or transgender relatives aren't welcome at these meetings. (H)Erkenning also has a mail group, so you can share your experiences with other partners and close relatives in the Netherlands.